

HEANOR

Running Club

NAME	RUNNING CLUB
NIC ABREHART	
AMANDA ADAMS	
TONY ALLEN	
SALLY ALLSOPP	
JOANNA ALLT	
LYNN ANDREWS	LONG EATON RUNNING CLUB
STEPHEN ANSWER	
STEPHEN ANSWER	
LUCY ANTCLIFFE	
LINDA ANTHONY	
CARA ARMSTRONG	SMALLEY ROAD RUNNERS
MICHELLE ASBURY	KIMBERLEY & DISTRICT STRIDERS
JORDAN ATKINSON	
DEBRA ATTWOOD	SMALLEY ROAD RUNNERS
JENNIFER BADCOCK	
ALISON BAILEY	
OLIVIA BAILEY	
DANIEL BAILEY	KIMBERLEY & DISTRICT STRIDERS
KATIE BAKER	
JACOB BAMFORD	
KEVIN BANWELL	
MAX BARDWELL	
HELEN BARKER	
SCOTT BARKSTON	SUTTON IN ASHFIELD HARRIERS & AC
KATE BARLOW	
SIMON BARNES	BEESTON AC
KANE BARTON	
GARY BATES	NORTH DERBYSHIRE RC
KIRSTY BAUGH	
NEIL BAXTER	ABBAY RUNNERS
ALISON BEALES	
KEIR BEDNALL-COX	
RICHARD BEESTON	
HARRY BEETHAM GRAINGER	
JONATHAN BELL	
AMBER BENHAM	
ROSY BENNETT	
JANE BENNETT	
JUDI BERESFORD	
ANDY BERRY	
MELANIE BESTER	
CHRISTINE BEXTON	BEESTON AC
ALISON BIBB	
RICHARD BIBB	SHEPSHED RUNNING CLUB
ANDREW BINGLEY	

HEANOR

Running Club

RACHEL BINKS
KAREN BIRCH
DAN BLACKBURN
GEMMA BLACOW
DANIEL BLOOM
ALLAN BLOOR
GEORGE BLOOR
IAN BOLTON

IVANHOE RUNNERS

AMALIA BONAFORTE
RICHARD BONNINGTON
BRETT BONSHOR
LAURA BOULTBY
JULIE BRADLEY
LEE BRADLY

FORMULA ONE CIRCUIT CREW

IAN BRADSHAW
CHRIS BRADSHAW
PAT BRADSHAW
ALISON BRAILEY

NOTTS AC

WILLIAM BRAILEY
KERRI BRENTNALL
RACHEL BREWER
ROB BRISTOLL
ALISON BRITTLE

SMALLEY ROAD RUNNERS

JACQUI BROOKES
CLAIRE BROOMHEAD
SAVANNAH BROWN

FORMULA ONE CIRCUIT CREW
NOTTS WOMEN RUNNERS

MATT BROWN
JANE BROWN
FIONA BROWN
DAVID BROWN

EREWASH VALLEY RC
REDHILL ROAD RUNNERS

ANDREW BROWN
BOB BROWNE
CHARLOTTE BUCK
SARAH BUCK

KIMBERLEY & DISTRICT STRIDERS
KIMBERLEY & DISTRICT STRIDERS
BELPER HARRIERS

JULIE BUCKLEY
JASON BUCKLEY
TARA BUCKLEY
FAY BULL

LONG EATON RUNNING CLUB

ZOE BULL
MARTIN BURKE
CHRIS BUTT
KIRSTY BUXTON
RICHARD BYGRAVE
ISABEL BYGRAVE
ALEX BYGRAVE
TOM CALLADINE

MICKLEOVER RUNNING CLUB

HEANOR

Running Club

GAVIN CANT	
FAITH CARLIN	LONG EATON RUNNING CLUB
PETER CARTER	
GRACE CARTER	
SOPHIE CARTMELL	
RYAN CARTY	
STEVE CASE	
ADELLE CAVANAGH	
NICOLA CHAMBERLAIN	KIMBERLEY & DISTRICT STRIDERS
REBECCA CHANDLER	BARROW RUNNERS
MAGGIE CHARLESWORTH	
ALISON CHERRY	BARROW RUNNERS
SUE CHILTON	
PHILIP CHRITCHLOW	BEAUMONT RC
SZYMON CIESLA	
FRANCES CLARK	
DEBBIE CLARK	
GRAHAM CLARKE	
GRAHAM CLARKE	
MATT CLARKE	
EMMA CLARKE	
LISA CLAY	
MARK CLEMENTS	BEESTON AC
KAREN CLIFFORD	
LOIS CLIFTON	
SUSAN CLIFTON-SMITH	
JOANNA COATES	BELPER HARRIERS
ANN COATES	WOODTHORPE HUFFERS & PUFFERS
JON COLBURN	SMALLEY ROAD RUNNERS
LISA COLE	
SHARON COLEGATE	
JOANNE COLEMAN	REDHILL ROAD RUNNERS
STACEY COLEMAN	
MADDY COLLINGE	MANSFIELD HARRIERS
KAREN COLMAN	
ANDY COOKE	
NATHAN COOKE	
NICOLA COOPER	
SIMON COPE	
DAYLE CORDEN	
CLAIRE CORDERY	
AMI CORMACK	
MATTHEW CORNELL	
EMMA COTTERILL	LONG EATON RUNNING CLUB
DEBORAH COTTON	
NAOMI COULL	

HEANOR

Running Club

JANE COULSON

LONG EATON RUNNING CLUB

ASHLEY COXON

MATTHEW COXON

REBECCA CRAWFORD

PARIS CRAWLEY

GREGORY CROOKS

JOANNE CUMMINGS

KATE CUSICK

SMALLEY ROAD RUNNERS

MICHAEL DALLARD

TEAM DERBY RUNNER

LISA DALTON

LISA DAXNER

REDHILL ROAD RUNNERS

JOSIE DAY

ELLIOTT DE LA FUENTE

PARKER

JULIE DEAN

TEAM DERBY RUNNER

JOANNE DEAN

LOUISE DEMPSEY

PETER DILLEY

STEPHEN DOBBS

KIRSTIE DODSLEY

DARREN DODSLEY

LAUREN DOLBY

DAWN DONALDSON

ST NEOTS RIVERSIDE RUNNERS

LOUISE DRIVER

DESFORD STRIDERS

TRACEY DUPEYRON

STEVE DYKE

PETER EDDOWES

MARK EDGERTON

CRAIG EDLEY

NICOLA EDLEY

MICHELLE EDMONDS-

JACKSON

SAMUEL EDWARDS

HEANOR RUNNING CLUB

CHELSEA ELEY

ROGER ELLIOTT

LIAM ELLIOTT

PAUL ELLIOTT

LAURA ELLIOTT

CATHERINE ELSE

BELPER TEN TWENTY TRIATHLON CLUB

EMILY ENGLAND

KIMBERLEY & DISTRICT STRIDERS

MARK ETCHES

MIRIAM EVANS

CAROLINE FABB

JOSHUA FAIRBROTHER

KATY FALLS

MARK FARMER

FIONA FAULKNER



HEANOR

Running Club

HARRIET FAULKNER
GREGORY FAULKS
DEBRA FEARNSHAW
PARNAZ FINES
MARK FISHER
KURT FITCH
LOUISA FITZGERALD
GARY FLETCHER
KARA FLOOK
ANTONY FLOOK
ELLIE FOOKS
KIRSTEN FOOKS
LUCY FORRESTER
NATALIE FORSTER
HARRIET FOWLER
RIVA FRANCIS
ROB FRETWELL
LAURA FROGATT
ANNETTE FROST
JASON FURLONG
ANDREW GALLIMORE
CLAIRE GALLOWAY
PETER GAMBLE
SAMANTHA GARSIDE
KEVAN GARVEY
PJ GAUGHAN
AMY GAUVRIT
KARL GIBSON
STEVE GIBSON
JOHN GILBERT
MARIE GLANFIELD
IAN GLAZEBROOK
KEN GLENN
KEILLY GODDARD
NICKY GODRIDGE
OLIVIA GOODWIN
ROWENA GORDON
VICKY GRATTON
FIONA GREEN
KATHERINE GREEN
ANDY GREEN
SIMON GREENE
SCOTT GREGORY
REBECCA GREGORY
CURTIS GREGORY
CHARLY GRIMWOOD-BUTLER

BEESTON AC

LONG EATON RUNNING CLUB

SINFIN RUNNING CLUB

KIMBERLEY & DISTRICT STRIDERS

HEANOR RUNNING CLUB

LONELY GOAT RC

SUTTON IN ASHFIELD HARRIERS & AC



HEANOR

Running Club

STEVE GROVES
BRIAN HADDON
DONNA HADLEY
LIBBY HALFORD
AMY HALL

JANE HALLAM
SHERIDAN HALTON
MATTHEW HAMMOND
FREDERIC HAMMOND
NATALIE HANCOX
LARA HARDY
SETH HARDY

TRACEY HARLIN
SCOTT HARRINGTON
LAURA HARRIS
AMANDA HARRISON
CLAIRE HARRISON
PETER HARRISON

ALI HARVEY
YVONNE HATTON
HAYLEY HAWKINS
ASHLEIGH HAYNES
PAUL HAYNES

JEFF HEAPE
ALAN HEATH
RICHARD HEMSLEY
SHELLEY HEMSLEY
SUZANNE HEMSLEY
MATTHEW HEMSLEY

LAURA HICKEY
GARRY HICKTON
GERRI HICKTON
RICHARD HILL
STEPHEN HILL

IAN HILTON
MATTHEW HIND
TRACEY HINDLEY
NICOLA HINTON
VICTORIA HOBBS
DAVID HODGSON
ALAN HODGSON
REECE HODNETT
SADIE HODNETT
MOLLY HODSON
KATHERINE HODSON
JENNIFER HODSON

LONG EATON RUNNING CLUB

LONG EATON RUNNING CLUB

ILKESTON RUNNING CLUB
LONG EATON RUNNING CLUB
RUNNING AT 40 PLUS
BEESTON AC



HEANOR

Running Club

LAUREN HODSON	
JONATHAN HODSON	
PAIGE HODSON	
ANDY HOGGARD	
ANDY HOGGARD	
NAOMI HOLLAND	NOTTS WOMEN RUNNERS
JOHN HOLLAND	FORMULA ONE CIRCUIT CREW
MARTIN HOLLOW	
KAREN HOLMES	NOTTS WOMEN RUNNERS
MICHELLE HOLMES	SUTTON IN ASHFIELD HARRIERS & AC
DENISE HOLROYD	NOTTS WOMEN RUNNERS
ALEXANDRA HOOPER	
ROSEMARY HORN	REDHILL ROAD RUNNERS
MICHAEL HORN	REDHILL ROAD RUNNERS
SAMANTHA HORNSBY	
ANDY HORSFALL	HANDSWORTH ROADHOGS
DAVID HORTON	BELPER HARRIERS
GEMMA HOUSLEY	
JANE HOWARTH	
HEATHER HOWARTH	ILKESTON RUNNING CLUB
WILLIAM HOWARTH	
DAVE HOWE	
OWEN HOWE	
JANE HUDSON	LONG EATON RUNNING CLUB
KEV HUFFINGTON	
CAROLINE HUGHES	KIMBERLEY & DISTRICT STRIDERS
EMMA HUMPHREY	EAST END ROAD RUNNERS
ANNE HUMPHREY	
SILAS HUMPHREY	
GORDON HUMPHREYS	BELPER HARRIERS
GRETA HUMPSTON	
GRAEME HUMPSTON	
TERRY HUNT	SMALLEY ROAD RUNNERS
RACHEL HUNT	
EMA HUNT	LONELY GOAT RC
ALEXIS HUTCHINSON	KIMBERLEY & DISTRICT STRIDERS
LEE HUTCHINSON	
JEAN INGLIS	HOLME PIERREPONT RC
JENNY IRISH	
JOANNE ISON	TEAM DERBY RUNNER
JAMES JACKSON	
MARK JACOB	
PHIL JAMES	REDHILL ROAD RUNNERS
THOMAS JAMES	
ESTHER JENNISON-BOYLE	
DAWN JESSON	

HEANOR

Running Club

DAVID JOHNSON	ROLLS ROYCE HARRIERS
ELEANOR JOHNSON	
JAYNE JONES	LONG EATON RUNNING CLUB
LISA JONES	BEESTON AC
PAULA JONES	
CHRIS JORDAN	HOLME PIERREPONT RC
CHRIS KANEEN	
JAMES KARCH	
TERRY KAY	
SHARON KELBY	BELPER HARRIERS
AUSTIN KELSEY	
SANTIE KELSEY	
ERICA KEMP	
STEPHANIE KERN	
MARCELLA KILBANE	
MARC KINCH	LONG EATON RUNNING CLUB
LOUISE KING	LONG EATON RUNNING CLUB
ROBERT KIRK	
RACHEL KIRKPATRICK	SMALLEY ROAD RUNNERS
ZAK KITCHEN	
JUSTYNA KONIECZNA	
DOROTA KROPIDLO	
SIMON LANE	
JACK LANE	
WENDY LAUBERTS	LONG EATON RUNNING CLUB
AMY LAWSON	
STEVE LAWSON	REDHILL ROAD RUNNERS
KAREN LAYTON	
RACHEL LEE	LONG EATON RUNNING CLUB
HANNAH LEE	WASHLANDS WOMEN RUNNERS
ROBERT LEE	
DECLAN LEE	
MICHAELA LEWIS	NORTH DERBYSHIRE RC
SARA LEWIS	BELPER TEN TWENTY TRIATHLON CLUB
RHIAN LILLEY	
CARYS LILLEY	
ANGIE LILLISTONE	
NIGEL LINDLEY	FORMULA ONE CIRCUIT CREW
KATIE LLOYD	
JESSICA LOCKWOOD	
JENNIE LOCKWOOD	
DONNA LONGSON	NORTH DERBYSHIRE RC
HELEN LOWE-GEARY	
JONATHAN LYNCH	HEANOR RUNNING CLUB
HARRY LYNCH	HEANOR RUNNING CLUB
ALEC MACLEAN	BEESTON AC

HEANOR

Running Club

LISA MADDISON	
LEE MADDOCK	FORMULA ONE CIRCUIT CREW
JODIE MANGHAM	
ALAN MAPLETHORPE	LONG EATON RUNNING CLUB
LEE MARSHALL	
LEIGH MARTIN	
LEIGH MARTIN	
CAROLINE MASON	
KEELEY MASSEY	
JO MAXWELL	
TONY MAY	
SALOME MAYBANKS	BEESTON AC
DEBRA MAYHEW	REDHILL ROAD RUNNERS
ANN MCGAURAN	
MARK MCGRATH	
LAURA MCGRORY	
SAM MCGUINNESS	
AMY MCKEAG	
BARRIE MCKEAG	
JACK MCKINNEY	
SARAH MCLOUGHLIN	
PATRICK MCMILLAN	
COLIN MEE	SOUTH DERBYSHIRE ROAD RUNNERS
ALISON MELLOR	
LIN MEYRICK	LONELY GOAT RC
PETER MICHELSON	
LISA MILLER	
ADAM MIRANDA	KIMBERWORTH STRIDERS
KATIE MITCHELL	
JEN MOON	REDHILL ROAD RUNNERS
PAUL MOORE	
ROBERT MORLEY	
GARETH MOSES	
JILL MOULSON	
SHAUN MURRAY	
DOMINIC MUSKOS	DERBY ATHLETIC CLUB
VANDA NADEN	
JAMES NEALE	
NICKI NEALON	HUNCOTE HARRIERS
RACHEL NEALON	HUNCOTE HARRIERS
PAUL NEEDHAM	LONG EATON RUNNING CLUB
CLAIRE NEEDHAM	LONG EATON RUNNING CLUB
SOPHIE NEIL	
MICHELLE NEWBOROUGH	
ANTON NEWELL	SUTTON IN ASHFIELD HARRIERS & AC
CLARE NEWMAN	

HEANOR

Running Club

EMMA NEWTON
ASHLEY NEWTON
MATT NICHOLAS
ANNABEL NICKOLS
DAN NIGHTINGALE
HAYLEY NORRIS
LOUISE NORRIS-HUNT
TINA O'CONNELL

LONG EATON RUNNING CLUB

MIKE O'BRIEN
DAWN O'HARA
KIRSTY OLIVER
SEAN OLLIER

KIMBERLEY & DISTRICT STRIDERS

RACHEL OLLIER
DAVE ONION
LOUISE ORAM
KATIE ORMAN
RICHARD OSTLER
MARCIA OSULLIVAN
DIANE PAGE

BELPER HARRIERS

HANNAH PARDEY
DENNIS PARKER
STEPHANIE PARKER
RUSSELL PARKIN
JAY PARNHAM
INGRID PARRIS

EREWASH VALLEY RC
SMALLEY ROAD RUNNERS
DERBY ATHLETIC CLUB
VEGAN RUNNERS UK

ANDY PARSONS
JULIANNE PARSONS
LEWIS PARSONS
STEPHEN PARSONS
ADAM PARSONS
SARAH PARTRIDGE
ASHLEY PAYNE
MICHAEL PEACOCK
FRASER PEAKMAN
TREVOR PEARCE

REDHILL ROAD RUNNERS

AARON PEARS
KATHRYN PELL
JULIET PERFITT
BRIAN PETO
JULIA PICKEN
KELLY PICKERING
MATT PICKLES
JAMIE PINKETT
JEM PITCAIRN
CRAIG POPE
ADAM POWDRILL

SMALLEY ROAD RUNNERS



HEANOR

Running Club

MICHAEL PRIDE
ROBERT PRINCE
JUDI PRINGLE
MANDY PROUDLOVE
JOHN PUMMELL
COLIN PURNELL
DIANE PURSEGLOVE
MICHELLE RADFORD
IAN RAINBOW
PETE RAMWELL
LYNN RANDALL
JASON RANDALL
KIRSTY RANDALL
ANTON RAWLINSON
MICHAEL READ
PAULA REASON
ANDY REDDISH
MARK REDWOODS
JON RICE
TOM RICHARDS
EMMA RICHARDS
JAC RICHARDS
MICHELLE RICHARDSON
GLENN RICHES
CHRISTINE RIDLEY
LAURENCE RITCHIE
SASHA RITCHIE
RACHEL ROBERTS
DAVID ROBERTS
CLAIRE ROBERTS
LEAH ROBERTSON
SAM ROBERTSON
STUART ROBINSON
ELLIE ROBINSON
RAYMOND ROBINSON
ANSLEM ROBINSON
DREW ROGERSON
LAURA ROUKE
CLAIRE ROWAN
JAMES ROWLEY
RICHARD RUDD
PHILIP RYDE
MATT SANSAM
GEMMA SAUNDERS
SCOTT SAUNDERS
DANIEL SAXTON

NORTH DERBYSHIRE RC

MICKLEOVER RUNNING CLUB

HOLME PIERREPONT RC
SMALLEY ROAD RUNNERS

BEESTON AC

FENLAND RUNNING CLUB
SMALLEY ROAD RUNNERS
FENLAND RUNNING CLUB

LONG EATON RUNNING CLUB
IVANHOE RUNNERS

SMALLEY ROAD RUNNERS
SMALLEY ROAD RUNNERS

ILKESTON RUNNING CLUB



HEANOR

Running Club

LEE SCOTT	REDHILL ROAD RUNNERS
JANE SEED	
EMMA SELF	
LYNNE SEWARDS	ILKESTON RUNNING CLUB
JEFF SHAW	
HELEN SHAW	
STEVE SHELDON	
RICHARD SHELTON	
ANNA SHELTON	
BALJIT SHEMA	
JOHN SHERRIFF	
SHANE SHERWIN	
KATIE SHORTLAND	
JENNIFER SIMMONS	
EVIE SIMMONS	
SARAH SIMPSON	REDHILL ROAD RUNNERS
DARREN SINGLETON	BELPER HARRIERS
ALISON SLACK	
KAREN SLADE	
MELISSA SLATER	
LESLEY SMALLEY	NOTTS WOMEN RUNNERS
GEMMA SMART	BEESTON AC
JEZ SMEDLEY	FORMULA ONE CIRCUIT CREW
PETE SMITH	
WAYNE SMITH	LONG EATON RUNNING CLUB
PETE SMITH	
JONATHAN SMITH	
CHRIS SMITH	ROLLS ROYCE HARRIERS
KEVIN SMITH	NORTH DERBYSHIRE RC
ALEX SMITH	
BENJAMIN SMITH	
RHONDA SMITH	
CLIVE SMITH	MICKLEOVER RUNNING CLUB
PAUL SMITH	
CLARE SMITH	
LISIA SMITH-ADAMS	
DANIEL SMITHSON	NORTH DERBYSHIRE RC
KATH SMITHURST	
NICHOLA SMITHURST	
FAY SPENCER	
REBECCA SPENCER	
JONATHAN SPURGIN	HOLME PIERREPONT RC
ANGELA SQUIRES	
DIANE STACK	
SAMUEL STAFFORD	
HEIDE STAFFORD	

HEANOR

Running Club

LEE STANLEY
ANNA STARKEY
DAN STARKEY
ASH STARR
ISLA STARR
ROBERT STARR
VICKI STATON
PHILIP STEVENSON
TIM STOKES

SHELTON STRIDERS

MARIE STONALL
BIANCA STONEY
DAVID STONEY
JANCY STUTTARD
MARTIN STUTTARD
NATHAN STUTTARD
NEIL SUMNER
JIMMY SUMNER
IAN SUMNER
ALICIA SWAN
PATRICIA SWIFT
JONATHAN TANNER
CRAIG TAYLOR
CAROLINE TAYLOR
MARK TAYLOR

MATT TAYLOR
PAUL TAYLOR
MATTHEW TEDSTONE
CLARA TENNANT
NICK TENNANT
CHARLY TERREY
IAN THOMAS
CHERYL THOMAS
CLARE THOMAS
MOIRA TILDSLEY
CHRIS TILLEY
PAM TIVEY
LYN TOMLINSON
PAUL TOMLINSON
BEVERLEY TOMLINSON
ADAM TOMLINSON
AMY TOMLINSON
EBONY TOMPKINS
ROBERT TREDWELL
JAMES TRICKETT
YUK WAH TSANG
RICHARD TUNNEY

NORTH DERBYSHIRE RC
NORTH DERBYSHIRE RC

FORMULA ONE CIRCUIT CREW
KIMBERLEY & DISTRICT STRIDERS

STAINLAND LIONS RUNNING CLUB

LONG EATON RUNNING CLUB

LONG EATON RUNNING CLUB



HEANOR

Running Club

VALERIE TUNNICLIFFE
JEFF TURNER
KIM TURNER
JEN TURNER
HARRIET TWELLS
IAN ULYATT
ANNA UNDERWOOD
NICK VERITY

ILKESTON RUNNING CLUB

JOANNE VOCE
LAUREN VOCE
JULIE WALDRUM
MARGARET WALKER
SHANE WALKER
TIM WALLS
HARRY WALTERS
GRACE WALTERS
LINDA WARD
DEBRA WARD
BENJAMIN WARD

LONG EATON RUNNING CLUB

ANDREW WATSON
ANDREW WEBSTER
EMILIA WEBSTER
JENNIFER WEIR
MARK WESTON
ANNA WHEATLEY
GEORGINA WHEELDON
STEVE WHITE
ALICIA WHITE
LIANNE WHITEHEAD
RACHEL WHITEMORE
PETER WHITMORE
EMMA WIKLO
JAMES WILKINS
LUCY WILKINS
ISOBEL WILKINSON
RACHEL WILKINSON-POTTER

LONG EATON RUNNING CLUB

CHERYL WILLEY
LAURA WILLIAMS
JOHN WILLIAMS
KATHRYN WILLS
TIM WILSON

BEESTON AC

TOM WILSON
AMANDA WILSON
ANDREA WINKLESS
NIGEL WINN
SUE WOLFGANG

SHELTON STRIDERS
BARROW RUNNERS

ILKESTON RUNNING CLUB



HEANOR

= Running Club =

PATRICK WOOD

SARAH WOOD

ANDREW WOOD

ANNIE WOOD

RUSSELL WOODCOCK

CINDY WOODHEAD

RACHEL WOODS

SCOTT WOODWARD

NIGEL WOODWARD

NEIL WORTH

JOHN WRIGHT

LESLEY WRIGHT

JOSEPH WRIGHT-MULLANEY

SHIRLEY YATES

CAROLINE YOUNG

KIRSTY YOUNGS

NORTH DERBYSHIRE RC

SMALLEY ROAD RUNNERS

LONG EATON RUNNING CLUB

NOTTS WOMEN RUNNERS

LONG EATON RUNNING CLUB

NOTTS WOMEN RUNNERS

DERWENT RUNNERS (DERBY)

LONG EATON RUNNING CLUB

